

29th March 2022

Dear Parents and Carers,

The Sacrament of First Holy Communion 2022 – Year 4

The majority of our Year 4 children received the Sacrament of Confession in the autumn term. The children will now begin their preparation for the Sacrament of Holy Communion. This year, the children's First Communion preparation programme will take place at St Teresa's Church.

We are delighted that you are beginning to prepare your child to receive First Holy Communion. This is a special time for your child as they will grow in faith as they receive the Lord's Body and Blood for the first time. This is also a special time for the family. As you accompany your child on this journey your own faith will be deepened and strengthened.

The catechesis sessions take place on Saturday's beginning with Holy Mass at 4.00 p.m. (see dates below). This is one of our Sunday Masses and is wonderful way of being part of the community at prayer. Following Holy Mass, children (with at least one parent for safeguarding) stay on for a time with our catechists (who lead the sessions) discovering the precious gift of the Eucharist. The sessions finish no later than 6 p.m. Following each session there are some activities to be completed at home, this is to continue to conversation within the family and help you pray together. By signing your child up to the process, you are committing to the following:

- Attending Holy Mass each Sunday
- Attending Catechesis Sessions
- Completing the workbook with your child each week
- One parent must remain in church with their child

The catechesis sessions take place on Saturdays (beginning at 4.00 pm) in church:

Saturday, 30 April 4:00pm - 6:00pm
Saturday, 7 May 4:00pm - 6:00pm
Saturday, 14 May 4:00pm - 6:00pm
Saturday, 21 May 4:00pm - 6:00pm
Saturday, 11 June 4:00pm - 6:00pm
Saturday, 18 June 4:00pm - 6:00pm
Saturday, 25 June 4:00pm - 6:00pm
Saturday, 2 July 4:00pm - 6:00pm

(First Holy Communion will take place over the following 2 weekends – more information to follow)

If you would like your child to receive the Sacrament of Confession, please complete the online form. This can be found by accessing **St Teresa's Church website – Enewsletter – Youth – First Holy Communion**.

<https://catholicrentvale.churchsuite.com/events/qurmuruj>

We understand if you cannot make the commitment at this time, or discover part way through that now is not the right time. If you have any questions regarding preparation for First Holy Communion, please speak to your child's class teacher or Father Michael.

Your sincerely,
Mr. Price
Headteacher

